Sustainable Eating

## Q1 Are you at least 18 years old?



| Answer Choices | Responses |
| :---: | :---: |
| Yes | $\mathbf{1 0 0 . 0 0 \%}$ |
| No | $\mathbf{0 . 0 0 \%}$ |
| Total | 0 |

# Q2 What are your eatingpreferences? 



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Vegan - No meat or animal products | 5.00\% | 1 |
| Vegetarian - No meat | 5.00\% | 1 |
| Piscatarian - Only eat meat from fish and seafood | 15.00\% | 3 |
| Omnivorous -I have no dietary restrictions around animal products | 75.00\% | 15 |
| Total |  | 20 |

## Q3 Do you eatan organic diet?



| Answer Choices | Responses |
| :--- | :--- | :--- |
| I eat mostly organic foods. | $\mathbf{5 0 . 0 0 \%}$ |
| I eat someorganic foods. | 10 |
| Eating organically is not a priority to me. | $\mathbf{4 0 . 0 0 \%}$ |
| Total | $\mathbf{1 0 . 0 0 \%}$ |

## Q4 Do you eatasustainablediet?



| Answer Choices | Responses |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I eat mostlysustainable foods. | $\mathbf{5 0 . 0 0 \%}$ |  |
| I eat some sustainable foods. | $\mathbf{5 0 . 0 0 \%}$ |  |
| Eating sustainably is not a priority to me. | $\mathbf{1 0}$ |  |
| Total | $0.00 \%$ |  |

## Q5 Which of the following food and dining related activities do you participate in regularly? (Check all that apply.)




## Q6 Which of the following sustainable food sources do you use regularly?(Check all that apply.)



| Answer Choices |  | Responses |
| :--- | :---: | :---: |
| Shopping at Whole Foods, Sprouts, Trader Joe's, etc. | $\mathbf{4 7 . 3 7 \%}$ |  |
| Shopping at farmer's markets, farm stands and U-Picks | $\mathbf{9}$ |  |
| Belonging to a local foodco-op | $\mathbf{6 8 . 4 2 \%}$ |  |
| Growing your own fruits or vegetables | $\mathbf{5 . 2 6 \%}$ |  |
| Raising your own animals | $\mathbf{1 3}$ |  |
| Foraging forwild berries, mushrooms, fruit etc. | $\mathbf{8 4 . 2 1 \%}$ |  |
| None of the above | $\mathbf{3 1 6}$ |  |
| Other (please specify) | $\mathbf{3 1 . 5 8 \%}$ |  |
| Total Respondents: 19 | $\mathbf{3}$ |  |

## Q7 Which of the following ingredients would you like to learn more about cooking with? (Check all that apply.)



| Answer Choices | Responses |
| :--- | :---: | :---: |
| Mushrooms | $\mathbf{5 0 . 0 0 \%}$ |
| Pheasant | 10 |
| Rabbit | $\mathbf{7}$ |
| Deer/Venison | $\mathbf{3 5 . 0 0 \%}$ |
| Wild Hog/Boar | $\mathbf{3 0 . 0 0 \%}$ |
| Elk | $\mathbf{6}$ |
| $\mathbf{3}$ |  |

Sustainable Eating

| Quail | 8 |
| :--- | :---: | :---: |
| Nuts | $40.00 \%$ |
| Berries | 12 |
| Local fish | $\mathbf{6 0 . 0 0 \%}$ |
| None of these ingredients appeal to me | $\mathbf{6 0 . 0 0 \%}$ |
| Other (please specify) | $\mathbf{5 0 . 0 0 \%}$ |
| Total Respondents: $\mathbf{2 0}$ | $\mathbf{5 . 0 0 \%}$ |

## Q8 If you wanted to learn about food or new ways to get food, how likely would you be

 to:Answered: 20 Skipped: 0


Sustainable Eating


|  | Not likely | Somewhat likely | Very likely | Total |
| :---: | :---: | :---: | :---: | :---: |
| Visit websites | 5.00\% | 0.00\% | 95.00\% |  |
|  | 1 | 0 | 19 | 20 |
| Ask employeesin retail stores | 52.63\% | 31.58\% | 15.79\% |  |
|  | 10 | 6 | 3 | 19 |
| Read a book | 11.11\% | 50.00\% | 38.89\% |  |
|  | 2 | 9 | 7 | 18 |
| Read a magazine | 10.00\% | 50.00\% | 40.00\% |  |
|  | 2 | 10 | 8 | 20 |
| Take a class | 21.05\% | 52.63\% | 26.32\% |  |
|  | 4 | 10 | 5 | 19 |
| Watch online videos (YouTube, Vimeo, etc.) | 5.26\% | 36.84\% | 57.89\% |  |
|  | 1 | 7 | 11 | 19 |
| Watch relevant TV shows | 35.00\% | 40.00\% | 25.00\% |  |
|  | 7 | 8 | 5 | 20 |
| Ask friends or relativeswho are familiar with the topic | 10.00\% | 25.00\% | 65.00\% |  |
|  | 2 | 5 | 13 | 20 |

## Q9 What outdoor activities do you participate in on a regular basis?



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Climbing | 10.00\% | 2 |
| Hiking | 50.00\% | 10 |
| Walking Trails | 75.00\% | 15 |
| Paddling | 15.00\% | 3 |
| Mountain/Trail Biking | 0.00\% | 0 |
| Camping | 50.00\% | 10 |
| Fishing | 0.00\% | 0 |
| Hunting | 5.00\% | 1 |
| Watching outdoor related shows/content on TV or online | 25.00\% | 5 |

## Sustainable Eating

| None - I don't really participate in outdoor activities | $\mathbf{3}$ |
| :--- | :--- | :--- | :--- |
| Other (please specify) | $\mathbf{1 5 . 0 0 \%}$ |
| Total Respondents: 20 | $\mathbf{5}$ |

## Q10 If you wanted to learn a new outdoor activity, how likely would you be to:



Sustainable Eating


|  | Not likely | Somewhat likely | Very likely | Total |
| :---: | :---: | :---: | :---: | :---: |
| Visit websites | 5.00\% | 10.00\% | 85.00\% |  |
|  | 1 | 2 | 17 | 20 |
| Ask employeesin retail stores | 45.00\% | 50.00\% | 5.00\% |  |
|  | 9 | 10 | 1 | 20 |
| Read a book | 20.00\% | 40.00\% | 40.00\% |  |
|  | 4 | 8 | 8 | 20 |
| Read a magazine | 15.00\% | 65.00\% | 20.00\% |  |
|  | 3 | 13 | 4 | 20 |
| Take a class | 25.00\% | 55.00\% | 20.00\% |  |
|  | 5 | 11 | 4 | 20 |
| Watch online videos (YouTube, Vimeo, etc.) | 30.00\% | 30.00\% | 40.00\% |  |
|  | 6 | 6 | 8 | 20 |
| Watch relevant TV shows | 45.00\% | 30.00\% | 25.00\% |  |
|  | 9 | 6 | 5 | 20 |
| Ask friends or relativeswho are familiar with the topic | 5.00\% | 30.00\% | 65.00\% |  |
|  | 1 | 6 | 13 | 20 |

## Sustainable Eating

## Q11 Do you fish?

Answered: 19 Skipped: 1


| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| I have never gone fishing. | 10.53\% | 2 |
| I have fished once or twice. | 52.63\% | 10 |
| I used to fish but I don't any more. | 15.79\% | 3 |
| I do fish. | 10.53\% | 2 |
| I planto start fishing. | 5.26\% | 1 |
| I have considered fishing, but I have no idea how to get started. | 5.26\% | 1 |
| Total Respondents: 19 |  |  |

## Q12 Do your friends and family fish? (Check all that apply.)



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Someone in my immediate household fishes. | 36.84\% | 7 |
| Members of my more distant family fish. | 36.84\% | 7 |
| Some of my friends fish. | 26.32\% | 5 |
| Nearly all of my friends fish. | 5.26\% | 1 |
| I don't know anyone who fishes. | 10.53\% | 2 |
| Total Respondents: 19 |  |  |

## Sustainable Eating

## Q13 Do you hunt?



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| I have never gone hunting. | 89.47\% | 17 |
| I have hunted once or twice. | 0.00\% | 0 |
| I used to hunt but I don't any more. | 0.00\% | 0 |
| I do hunt. | 5.26\% | 1 |
| I planto start hunting. | 0.00\% | 0 |
| I have considered hunting, but I have no idea how to get started. | 5.26\% | 1 |
| Total Respondents: 19 |  |  |

## Q14 Do your friends and family hunt? (Check all that apply.)



| Answer Choices | Responses |
| :---: | :---: |
| Someone in my immediate householdhunts. | 15.79\% 3 |
| Members of my more distant familyhunt. | 47.37\% 9 |
| Some of my friends hunt. | 26.32\% 5 |
| Nearly all of my friendshunt. | 0.00\% 0 |
| I don't know anyone whohunts. | 26.32\% 5 |
| Total Respondents: 19 |  |

## Q15 I would be interested in learning how toharvest the following wild foods for myself and my family. (Check all that apply.)



| Answer Choices | Responses |
| :--- | :---: | :---: |
| Mushrooms, nuts and berries | $\mathbf{6 8 . 4 2 \%}$ |
| Fish | $\mathbf{1 3}$ |
| Deer | $\mathbf{4 2 . 1 1 \%}$ |
| Turkey | $\mathbf{8}$ |
| Small game (rabbits, squirrels, pheasants, etc.) | $\mathbf{2 6 . 3 2 \%}$ |
| None - I am not interested in harvesting wild foods | $\mathbf{2 6 . 3 2 \%}$ |
| Other (please specify) | $\mathbf{5}$ |
| Total Respondents: 19 | $\mathbf{2 6 . 3 2 \%}$ |

> Q16 If you wereinterested in learning how to harvest any of the above listed wild foods, how effective would the following methods be in alerting you to an opportunity to do so?


Sustainable Eating

|  | Very Effective | Moderately Effective | Not Effective at all | Total |
| :---: | :---: | :---: | :---: | :---: |
| Flier or poster at the local farmer's market, food co-op, Whole Foods or Trader Joe's | 21.05\% | 52.63\% | 26.32\% |  |
|  | 4 | 10 | 5 | 19 |
| Ad in the food section of the local paper | 15.79\% | 26.32\% | 57.89\% |  |
|  | 3 | 5 | 11 | 19 |
| Ad ina local food co-op's newsletter | 16.67\% | 50.00\% | 33.33\% |  |
|  | 3 | 9 | 6 | 18 |
| Ad on local radio | 15.79\% | 36.84\% | 47.37\% |  |
|  | 3 | 7 | 9 | 19 |
| Ad on local TV | 21.05\% | 26.32\% | 52.63\% |  |
|  | $4$ | $5$ | $10$ | 19 |
| News story on the local TV or radio news or in the newspaper | 10.53\% | 52.63\% | 36.84\% |  |
|  | 2 | 10 | 7 | 19 |

Sustainable Eating

## Q17 How often do you:

Answered: 19 Skipped: 1


|  | Rarely or never | Two or more timesaweek | Almost every day | Total | Weighted Average |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Read a local newspaper | 63.16\% | 26.32\% | 10.53\% |  |  |
|  | 12 | 5 | 2 | 19 | 1.47 |
| Watch TV | 26.32\% | 21.05\% | 52.63\% |  |  |
|  | 5 | 4 | 10 | 19 | 2.26 |
| Watch online TV - Hulu, Netflix, Apple TV, YouTube, etc. | 47.37\% | 36.84\% | 15.79\% |  |  |
|  | 9 | 7 | 3 | 19 | 1.68 |
| Listen to radio | 22.22\% | 44.44\% | 33.33\% |  |  |
|  | 4 | 8 | 6 | 18 | 2.11 |
| Listen to online radio - Pandora, Google Play, etc. | 52.63\% | 31.58\% | 15.79\% |  |  |
|  | 10 | 6 | 3 | 19 | 1.63 |
| Visitwebsites for entertainment, news and information | 10.53\% | 21.05\% | 68.42\% |  |  |
|  | 2 | 4 | 13 | 19 | 2.58 |

Sustainable Eating

## Q18 Gender?



| Answer Choices | Responses |
| :--- | :--- | :--- |
| Male | $10.53 \%$ |
| Female | 2 |
| Prefer not to answer | $89.47 \%$ |
| Total | $0.00 \%$ |

Sustainable Eating

## Q19 Age?

Answered: 19 Skipped: 1


| Answer Choices | Responses |
| :---: | :---: |
| $18-20$ | $5.26 \%$ |
| $21-29$ | 0 |
| $30-39$ | $\mathbf{0 . 0 0 \%}$ |
| $40-49$ | $\mathbf{1 5 . 7 9 \%}$ |
| $50-59$ | $\mathbf{2 1 . 0 5 \%}$ |
| $60-69$ | $\mathbf{3 1 . 5 8 \%}$ |
| 70 or older | $\mathbf{2 6 . 3 2 \%}$ |
| Total | $\mathbf{0 . 0 0 \%}$ |

## Q20 Which of the following best describes yourmarital/family status



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Single | 10.53\% | 2 |
| Single with child/children in the home | 10.53\% | 2 |
| Married/Cohabitating | 47.37\% | 9 |
| Married/Cohabitating with child/children in the home | 31.58\% | 6 |
| Total |  | 19 |

## Q21 What is the highest level of educationyou have completed?



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Less than high school diploma | 0.00\% | 0 |
| High school diploma or equivalent (e.g., GED) | 0.00\% | 0 |
| Some college but no degree | 0.00\% | 0 |
| Associate's or Bachelor's degree | 42.11\% | 8 |
| Graduate degree | 57.89\% | 11 |
| Total |  | 19 |

## Q22 What is your total household income?



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| \$0 to \$49,999 | 15.79\% | 3 |
| \$50,000 to \$99,999 | 42.11\% | 8 |
| \$100,000 to \$149,999 | 21.05\% | 4 |
| \$150,000 to \$199,999 | 0.00\% | 0 |
| \$200,000 and up | 15.79\% | 3 |
| Prefer not to answer | 5.26\% | 1 |
| Total |  | 19 |

Sustainable Eating

## Q23 What isyour email address?

Answered: 17 Skipped: 3

| Answer Choices | Responses |
| :---: | :--- |
| Email | $\mathbf{1 0 0 . 0 0 \%}$ |

